B.S. in Exercise Science (EXSC)

Milligan University

Pre-professional emphasis

Catalog Year
2020-2021

This document is designed as a guide for students planning their course selection and is only a suggested schedule. Actual course selections should be made with the advice and consent of the academic advisor. While accurately portraying the information contained in the Catalog, this form is not considered a legal substitute for that document. Students should become familiar with the Catalog in effect at the time in which they enter Milligan.

FALL SEMESTER 1		
COURSE	**TITLE**	**CREDITS**
BIBL 123	Old Testament Survey	3
HUMN 101	Ancient & Medieval Cultures	4
MLGN 100	Intro to College & Service	0.5
MATH 213	Statistics	3
COMM 102	Speech Communication	3
	Elective	1
	TOTAL CREDITS	**14.5**

SPRING SEMESTER 1		
COURSE	**TITLE**	**CREDITS**
BIBL 124	New Testament Survey	3
HUMN 102	Renaissance & Early Modern	4
EXSC 271	Wellness	3
BIOL 110	General Biology [2]	4
COMP 111	Composition	3
	TOTAL CREDITS	**17**

FALL SEMESTER 2		
COURSE	**TITLE**	**CREDITS**
HUMN 201	18th & 19th Cty Cultures	4
COMP 211	Found. of Analytical Composition	3
BIOL 250	Anatomy & Physiology	4
EXSC 333	Nutrition	3
	Elective	3
	TOTAL CREDITS	**17**

SPRING SEMESTER 2		
COURSE	**TITLE**	**CREDITS**
HUMN 202	Cultures of 20th & 21st Cty Cultures	4
MLGN 200	Intro to Calling & Career	0.5
BIOL 251	Anatomy & Physiology	4
EXSC 308	Measurement & Evaluation	3
	Elective	3
	Elective	3
	TOTAL CREDITS	**17.5**

FALL SEMESTER 3		
COURSE	**TITLE**	**CREDITS**
EXSC 341	Exercise Physiology	4
	Social learning course	3
	Elective	3
	Elective	3
	Elective	2
	TOTAL CREDITS	**15**

SPRING SEMESTER 3		
COURSE	**TITLE**	**CREDITS**
EXSC 352	Kinesiology & Biomechanics	4
EXSC 401	Research[1]	3
	Elective	3
	Elective	3
	Elective	3
	TOTAL CREDITS	**16**

FALL SEMESTER 4		
COURSE	**TITLE**	**CREDITS**
EXSC 436	Exercise Health & Disease	3
CHEM	Chemistry	4
	Elective	3
	Elective	3
	Elective	3
	TOTAL CREDITS	**16**

SPRING SEMESTER 4		
COURSE	**TITLE**	**CREDITS**
BIBL 471	Christ & Culture	3
EXSC 491	Internship	6
	Ethnic Studies Course	3
	Elective	3
	TOTAL CREDITS	**15**
	MINIMUM 128 NEEDED FOR GRAD	**128**

[1] Offered only Spring of odd numbered years

[2] Biology 110 is recommended for students whose previous experience in Biology has not adequately prepared them for Anatomy and Physiology. Students should discuss this with their advisor before registering for spring classes.